

SCHEDULE CODES*	
AA	Alcoholics Anonymous same time & place
AFG	Al-Anon family groups
AL	Al-Anon meeting same time and place
ATC	Alateen meeting same time and place
C	Families and Friends only (Closed meeting): A meeting that is available for Al-Anon members and prospective members only. Anyone who has been affected by someone else's drinking is welcome
M	Men's focus meeting
NH	Meeting not held on holidays
O	Families, Friends, and Observers welcome (Open meeting): A meeting that welcomes observers seeking information about Al-Anon such as professionals, medical personnel, students, reporters, etc., as well as newcomers and members of Al-Anon.
SP	Spanish-speaking meeting
W	Women's focus meeting
WC	Wheelchair Accessible
*	All meetings are non-smoking.

There are currently no **Al-Anon/Alateen Institution** Meetings available.

Al-Anon Family Group Meetings

At Al-Anon Family Group meetings, the friends and family members of problem drinkers share their experience, strength, and hope. They learn how to [apply](#) the principles of the Al-Anon and Alateen programs to individual situations. They learn that they are not alone in the problems they face, and that they have choices that lead to greater peace of mind, whether the drinker continues to drink or not...
Via WSO

THE TWELVE STEPS
1. We admitted we were powerless over alcohol that our lives had become unmanageable.
2. Came to believe that a power greater than ourselves could restore us to sanity.
3. Made a decision to turn our will and our lives over to the care of God, <i>as we understood him</i> .
4. Made a searching and fearless moral inventory of ourselves.
5. Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.
6. Were entirely ready to have God remove all these defects of character.
7. Humbly asked Him to remove our shortcomings.
8. Made a list of all persons we had harmed, and became willing to make amends to them all.
9. Made direct amends to such people wherever possible, except when to do so would injure them or others.
10. Continued to take personal inventory and when we were wrong promptly admitted it.
11. Sought through prayer and meditation to improve our conscious contact with God <i>as we understood Him</i> , praying only for knowledge of His will for us and the power to carry that out.
12. Having had a spiritual awakening as the result of these steps, we tried to carry this message to others, and to practice these principles in all our affairs.
Our three Legacies are:
Steps, Traditions, and Concepts.
Member's Phone Numbers:


**AL-ANON & ALATEEN
FAMILY GROUPS**
For families and friends of alcoholics

**Where and When
Meeting Schedule**
Hillsborough County
DISTRICT 8

Revised September 22, 2023

Are you troubled by someone's drinking?

IMPORTANT NUMBERS



Hillsborough Co. Al-Anon
813-881-9372

Hillsborough County website for updated maps & info:
www.tampabayalanon.org

Hernando Co. Al-Anon	352-597-5539
Pasco Co. Al-Anon	352-697-0497
Pinellas Co. Al-Anon	727-548-6811
Polk Co. Al-Anon	866-539-3030
Hillsborough County AA	813-933-9123

Al-Anon World Service
1-800-356-9996

[Al-Anon Website: www.al-anon.org](http://www.al-anon.org)

[North Florida Area Website: afgarea9.org](http://afgarea9.org)

Al-Anon Phone Meetings:
(712) 432-8733, Access Code 52639#

Where and When Meeting Schedule
09-22-2023

CODES	DAY	TIME	GROUP NAME	BUILDING	ADDRESS	CITY	ZIP	NOTES
O,WC	SUN	10:30 AM	SUNDAY MORNING SERENITY	THE CLUB	3333 W COLUMBUS	TAMPA	33607	Hybrid Meeting. Zoom Meeting ID:847 4182 4902, Password: SMSerenity
O	SUN	12:00 PM	ONE DAY AT A TIME	JOE'S SUBURBAN CLUB	11601 DOWNS LOOP	RIVERVIEW	33578	New Meeting - Needs Support.
O,WC	SUN	6:30 PM	COURAGE TO CHANGE	ALL SAINTS LUTHERAN CHURCH	5315 VAN DYKE ROAD (Building in the rear of the property)	LUTZ	33558	Fourth Sunday of the month - Step Study, Fifth Sunday - Speaker Mtg.
O	SUN	7:00 PM	TOP OF THE BAY AFG	COMMUNITY UNITED METHODIST CHURCH	207 W BUCKINGHAM AVE	OLDSMAR	34677	District 7 Meeting
O, AA, NH	SUN	7:00 PM	RUSKIN SUNDAY NIGHT AFG	CALVARY LUTHERAN CHURCH	1250 E COLLEGE AVE	RUSKIN	33570	Hybrid Meeting. Zoom Meeting ID: 832 8170 0894, Password: Sundaytba
O	SUN	7:00 PM	GANDY AFG	OUR CLUB	3218 GANDY BLVD	TAMPA	33611	Hybrid Meeting. Zoom Meeting ID: 756 9276 3165, Password: gandy. Look for Dog Grooming, ample parking at rear of building. Try to arrive 5-10 minutes early.
C, WC	MON	10:30 AM	MONDAY AM DISCUSSION	(Temporary) Zoom Meeting ID: 955 7412 7135	Passcode: 484 874	TAMPA		
O	MON	10:30 AM	MONDAY FOR ME AFG	PRESBYTERIAN CHURCH	710 E BLOOMINGDALE AVE (Main Church)	BRANDON	33511	Monday - in person meeting in white annex building to left of church. Newcomers, please join at 10:15 AM for some 1-on-1 information.
O, WC	MON	10:30 AM	NEW BEGINNINGS NEWCOMERS	REDEEMER LUTHERAN CHURCH	701 VALLEY FORGE BLVD	SUN CITY	33573	Hybrid Meeting. Zoom Meeting ID: 848 1833 9906, Password: Beginnings
C,W	MON	12:00 PM	MONDAY MOTIVATION AFG	THE SISTER'S HOUSE (next to the Franciscan Center)	3006 N PERRY AVE	TAMPA		Literature Based Discussion NEW MEETING AS OF OCT 2
C	MON	7:00 PM	FINDING HOPE	NORTH POINTE CHURCH	19862 AMANDA PARK DR	LUTZ	33559	Masks are required; Social Distancing is practiced.
O, WC, AA	MON	7:30 PM	SERENITY AT SUNSET	CHURCH OF THE RESURRECTION	7509 VAN DYKE ROAD	ODESSA	33556	Last Monday of the month is a book study.
O, WC, AA	MON	7:30 PM	LITHIA SUNSHINE	FIRST PRESBYTERIAN CHURCH	121 N CARVER ST	BRANDON	33510	Hybrid Meeting. Zoom Meeting ID: 844 5189 6199, Password:Sunshine
C	TUES	10:30 AM	JOURNEY TO RECOVERY	CRYSTAL LAKES PLAZA	18125 US-41 (Ste109)	LUTZ	33549	Park on the side of the building and enter at the rear of the building. There is a sign above the door.
O, WC	TUES	7:00 PM	LUTZ EXPERIENCE, STRENGTH, & HOPE	PUBLIX SUPERMARKET ANNEX	16560 N NEBRASKA AVE (2nd Floor Community Room)	LUTZ	33549	Hybrid Meeting. Zoom Meeting ID: 892 3941 3937, Password: mystrength. Fifth Tuesday - Speaker Meeting.
C, WC, AA	TUES	7:30 PM	THE HAPPY, JOYOUS, & FREE AFG	PALMA CEIA PRESBYTERIAN CH	3500 W SAN JOSE & HIMES (Room E-305)	TAMPA	33629	Hybrid Meeting. Zoom Meeting ID: 781 706 5055, Password pQ1Hru. Step Meeting 4th Tuesday of the month.
O, SP	TUES	8:15 PM	UN DIA A LA VEZ (ONE DAY AT A TIME)	THE CLUB	3333 W COLUMBUS	TAMPA	33607	Center room; Spanish
C, WC	WED	12:00 PM	TWELVE STEPPERS	GRACE LUTHERAN CHURCH	3714 W LINEBAUGH AVE	TAMPA	33614	
O,SP	WED	7:00 PM	BUSCANDO LA SERENIDAD GFA	HAIR MASTER STUDIO	7742 W HILLSBOROUGH AVE	TAMPA	33615	Spanish
O	WED	7:00 PM	SERENITY AT SEVEN	HILLSBOROUGH UNITED METHODIST CHURCH	9008 HARNEY RD	TAMPA	33637	Hybrid Meeting. Zoom Meeting ID: 852 5126 7855, Password: serenity@7
O, WC	WED	7:00 PM	SOUTHSHORE AFG	UNITED METHODIST CHURCH	1971 HAVERFRPD AVE	SUN CITY CENTER	33573	Hybrid Meeting. Zoom Meeting ID: 825 4988 1098, Password: Just4today
O, AA, M	WED	7:30 PM	TAMPA MEN'S AFG	ST. LAWRENCE CATHOLIC CHURCH	Polly Murray Bldg;5225 N. Himes,	TAMPA	33614	New meeting location as of September 13, 2023 Call Dan C at (813) 833-7057 for room location
C, NH	THUR	7:00 PM	TOGETHER WE CAN MAKE IT	ST. JAMES UNITED METHODIST	16202 BRUCE B. DOWNS (Building 2, Room 21)	TAMPA	33647	Needs Support.
O	THUR	7:00 PM	THE RIVER SISTERS AFG	(Temporary) Zoom Meeting ID: 840 9893 9296	Passcode: 760 735	TAMPA	33603	Contact information: ptsreosf@gmail.com
O, WC	THUR	7:00 PM	JUST FOR TODAY AFG	ST. MARKS EPISCOPAL CHURCH	13312 CAIN ROAD	TAMPA	33625	Hybrid Meeting. Zoom Meeting ID:670 862 7724, Password ODAT
O, WC, AT	THUR	7:00 PM	CARROLLWOOD AFG NEWCOMERS	GRACE LUTHERAN CHURCH	3714 W LINEBAUGH AVE	TAMPA	33618	Newcomer Meeting. Needs Support.
C, AL, WC	THUR	7:00 PM	COPE WITH HOPE ALATEEN	GRACE LUTHERAN CHURCH	3714 W LINEBAUGH AVE	TAMPA	33618	Alateen Meeting
O, WC	THUR	8:15 PM	CARROLLWOOD THURSDAY AFG	GRACE LUTHERAN CHURCH	3714 W LINEBAUGH AVE	TAMPA	33618	Begins 15 minutes after the Newcomers Meeting ends.
O, WC, AA	FRI	10:00 AM	PEACE AFG	(Temporary) Zoom Meeting ID: 844 9523 5193	Passcode: Peace	SUN CITY	33573	
O, WC	FRI	10:30 AM	BRANDON COME AS YOU ARE	NATIVITY CATHOLIC CHURCH Adult Education Building	705 E. BRANDON BLVD. (RT. 60)	BRANDON	33511	Hybrid Meeting. Zoom Meeting ID: 710 6774 0501, Password: welcome
O, AA	FRI	7:00 PM	FRIDAY NIGHT FREEDOM	RUSKIN UNITED METHODIST	105 4TH AVE NW	RUSKIN	33570	Hybrid Meeting. Zoom Meeting ID: 870 5598 0912, Password: Freedom
O, WC	SAT	10:30 AM	COUNTRY SERENITY AFG	UNITARIAN UNIVERSALIST CHURCH	11400 MORRIS BRIDGE RD	TAMPA	33637	Hybrid Meeting. Zoom Meeting ID: 827 2973 0419, Password:Cserenity. Fourth Saturday of the month - business meeting which ends at noon.
O,WC	SAT	1:30 PM	SERENITY-ON SATURDAYS AFG	THE MEETING PLACE	1628 N DALE MABRY HWY., Suite-109	LUTZ	33548	-ENDED as of Sept 2
O, SP	SAT	8:00 PM	UN DIA A LA VEZ (ONE DAY AT A TIME)	THE CLUB	3333 W COLUMBUS	TAMPA	33607	Center room; Spanish