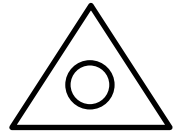


Florida North District 8 – Panel 61 Serenity Messenger August, 2021



Coming soon to 3333 W. Columbus Drive, Tampa—Check Back Next Month!

2021 CALENDAR

- **District Meeting** 3rd Saturday
9:00 am DISL 9:30 am Groups
- **NFA Convention:** Serenity Rocks
August 27-29, Orlando, FL
Hilton Orlando Buena Vista Palace
Lake Buena Vista, FL
- **Conflict Resolution Workshop**
Coming Soon

New Meetings

(Check D8 Website for Details)

Serenity Seekers – Tue @ Noon
Marge Porter Resource Center-TnC

Finding Hope – Mon @ 7pm
North Pointe Church – Lutz

DISTRICT 8 OFFICERS

District Rep - Carmen S
dr@tampabayalanon.org

Alt Dist. Rep - Pat F
adr@tampabayalanon.org

Secretary – Shirley
secretary@tampabayalanon.org

Treasurer - Nancy
treasurer@tampabayalanon.org

District Info Services Liaison - Leanne T
disl@tampabayalanon.org

Public Outreach: I AM RESPONSIBLE

Many Al-Anon members say the program has changed their lives and they “keep coming back” to keep their serenity. We have heard in meetings everywhere that to keep it, you have to give it away. Carrying the message of recovery is one of the main ways we keep our serenity.

Our Area Public Outreach Coordinator recently shared a “Take-Out Menu” which lists a lot of different ways we can carry the message – all without face to face contact. Check out the Take-Out Menu below:

Public
OUTREACH
TAKE-OUT
MENU

NO CONTACT OPTIONS
PANDEMIC APPROVED

APPETIZERS	MAIN COURSE
<p>UPDATE MEETING INFORMATION Go on FL Area and District websites to ensure that meeting info is current and complete.</p> <p>CONTACT PROFESSIONALS Members agree to provide information to just one professional such as their own therapist or doctor.</p> <p>SHARE SOCIAL MEDIA POSTS Group members who are on social media platforms agree to share WSO posts that they like.</p> <p>POST FLYERS OF MEETINGS IN DISTRICT Create an attractive flyer for members to print and place in public places they visit such as grocery stores.</p>	<p>PROVIDE AN INFORMATION MEETING Create an online meeting for newcomers, professionals, or the general community.</p> <p>PROVIDE A MEETING ON WHEELS Members take a virtual meeting to a behavioral health agency such as a treatment center or institution.</p> <p>RUN A DIGITAL AD CAMPAIGN District buys a digital programmatic awareness campaign targeting local audiences such as professionals.</p> <p>RENT AD SPACE ON BUSES District rents space on the outside of public transportation vehicles.</p> <p>RENT BILLBOARDS District rents billboard ad space along highways.</p> <p>PURCHASE AD SPACE AT AIRPORTS District or Group rents ad space at transportation hubs such as airports, bus/train stations, and ferry terminals.</p>
<p style="text-align: center; font-weight: bold; font-size: 0.8em;">FOR MORE OPTIONS AND FOR DETAILS ON ANY OF THESE MENU ITEMS, PLEASE CONTACT THE HOST (PublicOutreach-61@AFGarea9.org)</p> <p style="background-color: #f4a460; text-align: center; font-weight: bold; font-size: 0.8em; padding: 2px;">DESSERTS</p> <p>PROVIDE AFA MAGAZINES Purchase and send (with permission) Al-Anon Faces Alcoholism magazines to any local shelter.</p> <p>BORROW AREA RETRACTABLE BANNERS Borrow and place the FL Area retractable banners in a public place such as hospital and court lobbies.</p> <p>DONATE LITERATURE Purchase and send (with permission) Conference-Approved Literature to local treatment centers.</p>	<p>PURCHASE RETRACTABLE BANNERS District or Group buys and places them in lobbies of medical or other public facilities.</p> <p>PROVIDE INFO FOR DISCHARGE PACKETS Arrange with detox and rehab providers to have Al-Anon materials added to discharge packets.</p> <p>PLACE A NEWSPAPER AD Place an ad in your local or neighborhood newspaper, either paid or free.</p> <p>CONTACT LOCAL MEDIA OUTLETS Contact and provide a feature article provided by WA Area Outreach to local media newstrooms.</p>

More on Pg 2. . .

Answering Service

There are a few months open for 2021. Please talk to your group about stepping up and serving by being the volunteers for:

- August from 8/8 to 8/31
- October
- December

We also need groups to volunteer for a month in 2022 – they are all open!



Slogan Corner:

Think When I came to Al-Anon, thinking was a problem – I thought too much! I am grateful to discover a solution by applying the THINK acronym and getting a “yes” to these questions before I speak:

- T – is it thoughtful?
- H – is it honest?
- I – is it intelligent?
- N – is it necessary?
- K – is it kind?

DISTRICT 8 CHAIRS

Comfort Liaison - Jeanene M
comfort@tampabayalanon.org

Events - Open
events@tampabayalanon.org

Spanish Chair: *Verdina* 🌟 *New*
Spanish@tampabayalanon.org

AREA INFORMATION

SPANISH COORDINATOR
Betty R
spanish-61@afgarea9.org

CONTRIBUTION ADDRESSES

(Include FL-N Dist. 8 & Group#)

District 8
District 8 AFG
PO Box 291083
Temple Terrace FL 33687

Area 9 Florida North
NFA AFG, Inc.
4446-1A Hendricks Ave, Ste #142
Jacksonville, FL 32207

World Service (WSO AFG)
1600 Corp Landing Pkwy
Virginia Beach, VA 23454-5617

Public Outreach: I AM RESPONSIBLE *(cont'd)*

Although our D8 Public Outreach positions are currently open, each of us can be responsible for carrying the message of hope. By selecting one of the items from the suggested menu and doing it ourselves – or doing it with a group of Al-Anon friends - we could make a difference in the life of someone still suffering with the family disease of alcoholism. Find the full menu on our D8 website www.tampabayalanon.org

In an interview earlier this week, Diane M, our N FL Area Public Outreach Coordinator, stated she is willing to help any member or group get started with one of the projects. You can contact her by email: PublicOutreach-61@AFGarea9.org or by text/call at 813-500-1899.

D8 Participates

During the July D8 District Meeting our DR, Carmen, spoke about the most recent Assembly and expressed her gratitude that so many of our Groups were represented with either their GR or the Alternate GR. Our District, which encompasses all of Hillsborough County, is spread out geographically but we are pulled close by the common bond of recovery.

We've recently had two members step up to serve as our Alateen and Spanish Chairs. Please reach out to them and let them know you appreciate them and see how you can help.

Think about additional ways you can be of service – maybe:

- Volunteering to read a page at a meeting
- Serve as the Group Representative or another service position
- Working on Public Outreach projects
- Staying after a meeting to talk with a newcomer
- Saying 'thank you' to your GR, Treasurer & Secty for their service
- Volunteering for one of our OPEN Service positions
- Being a Sponsor
- Chair and Event for our District or for our Area



WEB SITES: Local: www.tampabayalanon.org Area: www.afgarea9.org WSO: www.al-anon.org

AL-ANON INFORMATION SERVICES

Alateen – Angelette J 🌟 *New*
alateen@tampabayalanon.org

Answering Service – Jim
answeringservice@tampabayalanon.org

Archives - Shelley & Theresa
archives@tampabayalanon.org

Cooperating w/ Prof. Comm -Open
cpc@tampabayalanon.org

Group Records - Joanna S
grouprecords@tampabayalanon.org

Institutions - Open
institutions@tampabayalanon.org

Literature Distr Center – Carolyn
literature@tampabayalanon.org

Public Information - Open
publicinfo@tampabayalanon.org

Serenity Messenger - Tricia R
serenitymessenger@tampabayalanon.org

Speaker Seeker - Howie
speakers@tampabayalanon.org

Technology Chair – Cassandra
technology@tampabayalanon.org

Where & When - Open
whereandwhen@tampabayalanon.org